

## YOUTH MINISTRY FELLOWSHIP MEALS

When you volunteer to bring dinner, we ask that you set-up and serve the meal and also clean up after the children have had dinner.

### PLEASE PROVIDE:

Paper Goods - Plates, Utensils, Napkins, Cups (smaller size)

### MEAL SUGGESTIONS

#### MAIN COURSE/SIDES:

Hot Dogs	Pizza	Sloppy Joes	Tacos	Pasta
Chicken	Lasagna	Sandwiches/Subs	Potatoes	Ham
Salads	Vegetables	Avgolemono soup	Rice pilaf	Tuna Casserole

#### VEGETARIAN OPTIONS:

Lentil soup	Spaghetti	Bean tacos	Veggie Chili	Minestrone
Fasolakia (stewed beans)		Dolmathes (meatless)	Baked orzo	Spanakopita

#### BEVERAGES:

Juice (*large bottles to be poured or juice boxes/Capri Suns*)

Bottles of Water

Soda (*2 liters work well - cans seem to get thrown out half-full*)

#### DESSERTS:

Fresh fruit      Cookies      Brownies      Cake      Muffins

Also remember, we will be meeting in a rental home without a fully stocked or functional kitchen. Please bring foods to church fully prepared.

If you have any other questions about a meal or want some suggestions (perhaps for meatless meals, etc...) please call the Church Office (847-482-1200).

Typically, we have about 12-15 children per evening. So, please plan for about 20 meals. Also, feel free to team up with another family and co-host the dinner.

Thank you for all your support and for providing us with the dinners!