

### Resurrectional Apolytikion in the Plagal First Mode

Let us worship the Word, O ye faithful, praising Him that with the Father and the Spirit is co-beginningless God, Who was born of a pure Virgin that we all be saved; for He was pleased to mount the Cross in the flesh that He assumed, accepting thus to endure death. And by His glorious rising, He also willed to resurrect the dead.

### Apolytikion for Sun. of St. Mary of Egypt in the Plagal Fourth Mode

In thee the image was preserved with exactness, O Mother; for taking up thy cross, thou didst follow Christ, and by thy deeds thou didst teach us to overlook the flesh, for it passeth away, but to attend to the soul since it is immortal. Wherefore, O righteous Mary, thy spirit rejoiceth with the Angels.

### Apolytikion of the Church in the First Mode

Thou hast ascended in glory, O Christ our God, and gladdened Thy disciples with the promise of the Holy Spirit; and they were assured by the blessing that Thou are the Son of God and Redeemer of the world.

**Ἀνελήφθῃς ἐν δόξῃ, Χριστέ ὁ Θεὸς ἡμῶν, χαροποιήσας τοὺς Μαθητάς, τῇ ἐπαγγελίᾳ τοῦ ἁγίου Πνεύματος· βεβαιωθέντων αὐτῶν διὰ τῆς εὐλογίας, ὅτι σὺ εἶ ὁ Υἱὸς τοῦ Θεοῦ, ὁ λυτρωτὴς τοῦ κόσμου.**

### Seasonal Kontakion in the Second Mode

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

### The reading is from St. Paul's Letter to the Hebrews 9:11-14.

BRETHREN, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.

### The Gospel of Mark 10:32-45

At that time, Jesus taking the twelve again, He began to tell them what was to happen to Him, saying, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn Him to death, and deliver Him to the Gentiles; and they will mock Him, and spit upon Him, and scourge Him, and kill Him; and after three days He will rise." And James and John, the sons of Zebedee, came forward to Him, and said to Him, "Teacher, we want you to do for us whatever we ask of You." And He said to them, "What do you want Me to do for you?" And they said to Him, "Grant us to sit, one at Your right hand and one at Your left, in Your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to Him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at My right hand or at My left is not Mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant of James and John. And Jesus called them to Him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For the Son of man also came not to be served but to serve, and to give His life as a ransom for many."

## Ascension of Our Lord Greek Orthodox Church



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### WEEKLY PARISH BULLETIN

**April 17 - 23**

**Prospora:**

Patricia Filley & Maria Karahalios

**FOS Ministry Greeters:**

Maria & George Karalis

**Epistle Reader:**

Tom Poulakidas

**Ushers:**

**UIC Alex Marx**, Doug Hugdahl, Tom Kiriakos, Carol Stamas,  
Tom Papastefan, Mike Sutherland

**SPIRITUAL REFLECTION** – *"My child, if you want to live amongst people, you must watch the following: Do not criticize anyone at all; do not ridicule anyone; do not become angry; do not despise anyone. Be very careful not to say 'so-and-so lives virtuously,' or 'so-and-so lives immorally,' because this is exactly what 'judge not' means. Look at everyone in the same way, with the same disposition, the same thought, with a simple heart. Accept them as you would accept Christ. Don't open your ears to a person who judges. More so, don't be happy nor agree with whatever he says, but keep your mouth shut. In other words, be slow to speak but quick to pray."*

-St. Nephon the Ascetic Bishop

## Ascension of Our Lord Greek Orthodox Church

April 17 - 23, 2016

|                  |  |                                    |
|------------------|--|------------------------------------|
| <b>Sunday</b>    | <b>April 17</b>  | <b>Sunday of St. Mary of Egypt</b> |
| 8:15 a.m.        | Orthros  |                                    |
| 9:10 a.m.        | Sunday Church School   |                                    |
| 9:30 a.m.        | Divine Liturgy   |                                    |
|                  | Coffee Fellowship hosted by the Parish Council   |                                    |
|                  | Memorial Service for the soul of the servants of God: Demitrios Foutris (25 years); Dionysia Vasilopoulos (2 years). |                                    |
|                  | 40-day Blessing for the daughter of Pete & Patty Andrews   |                                    |
| 7 p.m.           | Solemn Vespers @ St. Spyridon Church, Palos Heights  |                                    |
| <b>Monday</b>    | <b>April 18</b>  |                                    |
| 5 p.m.           | Great Compline   |                                    |
| 5:45 p.m.        | JOY/Jr. GOYA   |                                    |
| 7:30 p.m.        | GOYA   |                                    |
| 7:15 p.m.        | Choir practice for Holy Week Chanting  |                                    |
| <b>Tuesday</b>   | <b>April 19</b>  |                                    |
| 4:45 p.m.        | Greek School   |                                    |
| <b>Wednesday</b> | <b>April 20</b>  |                                    |
| 5:30 p.m.        | 9 <sup>th</sup> Hour and Pre-Sanctified Liturgy  |                                    |
|                  | Lenten Supper hosted by Senior Synaxis followed by Making of Palm Crosses  |                                    |
| <b>Thursday</b>  | <b>April 21</b>  |                                    |
| 6:15 p.m.        | Adult Beginner Greek School  |                                    |
| 7:45 p.m.        | Adult Intermediate/Advanced Greek School   |                                    |
| <b>Friday</b>    | <b>April 22</b>  |                                    |
| 6:30 p.m.        | FAITH/JOY Lenten Mini-Retreat  |                                    |
| <b>Saturday</b>  | <b>April 23</b>  | <b>Saturday of Lazarus</b>         |
| 8 a.m.           | Orthros  |                                    |
| 9 a.m.           | Divine Liturgy   |                                    |
|                  | Philoptochos Bake Sale (until noon)  |                                    |
| 5 p.m.           | Vespers  |                                    |

### WELCOME TO OUR VISITORS

+ **WE ARE GLAD** you came to our Church. We hope your visit was memorable and meaningful in every way. Our doors and hearts are always open to you. Please join us for fellowship following the Divine Liturgy and visit with Fr. Sotiri and with members of the Parish Council. They will answer questions and provide you with information regarding the programs and life at the Ascension.

### CHURCH NEWS

+ **OUR PRAYERS THIS MORNING** are for the soul of the servant of God, Demitrios Foutris, beloved father of Cynthia (Harry) Bekiaris. Our prayers are also for the soul of the servant Dionysia Vasilopoulos, mother of Lenora Vasilopoulos, Christine Vasilopoulos and Patty (Dino) Kazeos. We also pray for the soul of the servant of God, Tessieann Callas Skizas (2 yrs), mother of Valerie (Tom) Papastefan. May their memory be eternal.

+ **OUR SYMPATHIES** to Brenda (Peter) Venetos on the death of her beloved mother, Carol Wanic, who recently fell asleep in the Lord. Our condolences also to Priscilla (David) Scoco on the death of her father, Stephen J. Rellas, who fell asleep in the Lord in Florida this week. May their memory be eternal.

+ **THE HOLY WEEK SERVICE BOOK** is available for purchase from the bookstore.

+ **THE LAST PRE-SANCTIFIED LITURGY** will take place this Wednesday, 4/20. Following the Lenten supper, hosted by the Senior Synaxis, the Palm Crosses will be made by all those present. Please make every effort to attend and also stay to assist us in this beautiful Lenten tradition at Ascension.

+ **BEGINNING TODAY, AND UNTIL OUR CAPITAL CAMPAIGN GOAL IS REACHED**, there will be progress charts displayed in the Narthex, which will be updated with current information periodically. For those of you who have not yet been able to do so, we ask you to please submit your pledge cards by the Palm Sunday target date indicated in Father Sotirios' recent letter and participate in making this project become a reality. We have a goal to be reached, and it cannot be reached without full participation and commitment from the entire Parish at every donor level. We understand that this is a serious family commitment, but we ask that you look into your hearts and make a pledge to the best of your ability.

+ **JOY/JR. GOYA PASCHA PLANT SALE – TODAY IS THE LAST OPPORTUNITY TO PURCHASE PLANTS FOR PASCHA.** Place your order today after Liturgy for the beautiful lilies (in limited supply) or hydrangeas that our JOY/Jr. GOYA will be selling. The plants will be ready for pick-up on Palm Sunday, following services. Thank you!

+ **THE CHICAGO PAN-ORTHODOX AKATHIST HYMN** will take place this Tuesday, April 19<sup>th</sup> at 7 p.m. at New Gracanica Serbian Orthodox Monastery of the Protection of the Theotokos, Grayslake.

+ **FAITH AND JOY LENTEN MINI-RETREAT:** Please join us this Friday, April 22nd from 6:30 - 8:30 p.m. at Ascension for our Lenten Mini-Retreat where K-5th graders will be "journeying" through Holy Week. Children will actively participate through hands-on lessons, crafts, and hymns as we discuss each evening of Holy Week. There is no cost for the retreat, but a free-will offering is appreciated for craft materials. Please RSVP to [faithjoyascension@gmail.com](mailto:faithjoyascension@gmail.com) to reserve your child's spot.

+ **THE PASCHA BAKE SALE WILL BE HERE APRIL 23rd & 24th!** Pre-order by filling out the enclosed order form and turn it in after church today so we don't run out of your favorites! Pre-orders will be accepted until April 17th and will be available for pickup following the April 23<sup>rd</sup> Saturday of Lazarus service, and the Palm Sunday service. Questions? Contact Debbie Katsulis 847-573-8233, [debrakatsulis@yahoo.com](mailto:debrakatsulis@yahoo.com) or Patricia Filley 312-320-4062, [pfilley@sbcglobal.net](mailto:pfilley@sbcglobal.net).

+ **"FEED THE HUNGRY" PROGRAM @ ANNUNCIATION CATHEDRAL** - Our Philoptochos will "Feed the Hungry" on Tuesday, April 26th at the Annunciation Cathedral in Chicago. We are planning to feed 175+ hungry men and women, most of whom are homeless. Please contact Kathie Rutkowski @ 847-421-8267, to volunteer or donate. Philoptochos will also be distributing the filled bags from the "Fill the Bag" program to everyone being fed that day.

+ **FREE SHUTTLE BUS SERVICE WILL BE AVAILABLE** on Holy Wednesday afternoon, Palm Sunday, Good Friday & Holy Saturday evenings. On Palm Sunday, Good Friday & Holy Saturday evenings, shuttle service will run between Ascension and Daniel Wright School, which is just ¼ mile south of the Church. If our lot is full, please park in the Administration Lot (north lot) at Daniel Wright School and take advantage of the free shuttle bus. On Holy Wednesday, we have arranged a free shuttle bus to take overflow parkers back and forth from the Banner Day Camp parking lot and the church during and after the Sacrament of Holy Unction service on Holy Wednesday afternoon.

+ **PARKING IN OUR FIRE LANE AND IN THE CHURCH DRIVEWAY IS ILLEGAL!** The entrance to the Church parking lot is a NO PARKING ZONE. Emergency vehicles must be able to enter the Church without obstructions. Illegally parked cars will be ticketed. Double-parking in the parking lot is also prohibited. We further request that you please avoid parking on the grass of our Church property, and be courteous and respectful of our neighbors' property. Aside from wanting to avoid having our stewards' cars towed or ticketed for illegal parking, we want to continue the Ascension tradition of being good neighbors. Thank you.

### PRAYER REQUESTS FOR HEALTH

+ **PLEASE INCLUDE IN YOUR PERSONAL PRAYERS** the servants of God: Georgia, John, Eleni, George, Nicholas, Christine, Louise, Anastasia, Stella, Mitchell, Ioanne, Panagiotis, Christina, Helen, James, Sophia, Connie, Vasilios