

### Resurrectional Apolytikion in the Fourth Mode

Having learned the joyful proclamation of the Resurrection from the Angel, and having cast off the ancestral condemnation, the women disciples of the Lord spake to the Apostles exultantly: Death is despoiled and Christ God is risen, granting great mercy to the world.

### Apolytikion for Auxentios of the Mountain in the First Mode

Thou didst prove to be a citizen of the desert, an angel in the flesh, and a wonderworker, O Auxentius, our God-bearing Father. By fasting, vigil, and prayer thou didst obtain heavenly gifts, and thou healest the sick and the souls of them that have recourse to thee with faith. Glory to Him that hath given thee strength. Glory to Him that hath crowned thee. Glory to Him that worketh healings for all through thee.

### Apolytikion of the Church in the First Mode

Thou hast ascended in glory, O Christ our God, and gladdened Thy disciples with the promise of the Holy Spirit; and they were assured by the blessing that Thou are the Son of God and Redeemer of the world.

Ἀνελήφθης ἐν δόξῃ, Χριστέ ὁ Θεὸς ἡμῶν, χαροποιήσας τοὺς Μαθητάς, τῇ ἐπαγγελίᾳ τοῦ ἁγίου Πνεύματος· βεβαιωθέντων αὐτῶν διὰ τῆς εὐλογίας, ὅτι σὺ εἶ ὁ Υἱὸς τοῦ Θεοῦ, ὁ λυτρωτὴς τοῦ κόσμου.

### Seasonal Kontakion in the Second Mode

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

### The reading is from St. Paul's Second Letter to the Corinthians 6:16-18; 7:1.

BRETHREN, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

### The Gospel of Matthew 15:21-28

At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But He did not answer her a word. And His disciples came and begged Him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." And He answered, "It is not fair to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table." Then Jesus answered her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed instantly.

## Ascension of Our Lord Greek Orthodox Church



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### WEEKLY PARISH BULLETIN

**February 14 - 21, 2016**

**Prosphora Bakers:**

**FOS Ministry Greeter:**

**Epistle Reader:**

**Ushers:**

Mary Karahalios & Maria Papagianis

Kathleen Schreiber

Kathleen Rutkowski

**Carol Stamas**, Tom Vabakos, Tom Kiriakos, Diane Sigalos,  
Mike Sutherland, Mia Connolly

**SPIRITUAL REFLECTION** – *“Your children will always be sufficiently wealthy if they receive from you a good upbringing that is able to order their moral life and behavior. Thus, strive not to make them rich, but rather to make them pious masters of their passions, rich in virtues. Teach them not to think up illusory needs, reckoning their worth according to worldly standards. Attentively watch their deeds, their acquaintances and their attachments – and do not expect any mercy from God if you do not fulfill this duty.*

**St. John Chrysostom**

**Ascension of Our Lord Greek Orthodox Church  
February 14 - 21, 2016**

**Sunday**      **February 14**      **Sunday of the Canaanite**  
8:15 a.m.      Orthros  
9:15 a.m.      Sunday Church School  
9:30 a.m.      Divine Liturgy  
Memorial Service for the soul of the servant of God: Theodoros Pappas (1 yr)  
Coffee Fellowship hosted by Nick and Arianna Stevens

**Monday**      **February 15**      **Presidents' Day**  
7:30 a.m.      Church Office Closed

**Tuesday**      **February 16**  
4:45 p.m.      Greek School  
7 p.m.      Parish Council Meeting

**Wednesday**      **February 17**  
10 a.m.      HOPE  
6:30 p.m.      Paraklesis & LOGOS

**Thursday**      **February 18**  
12 p.m.      Senior Synaxis Valentine's Day Luncheon @ Dover Straits  
6:15 p.m.      Adult Beginner Greek School  
7 p.m.      Capital Campaign Fundraising Meeting, Long Grove  
7:45 p.m.      Adult Intermediate/Advanced Greek School

**Saturday**      **February 20**  
5 p.m.      Vespers

**Sunday**      **February 21**      **Publican and Pharisee - Triodion Begins**  
8:15 a.m.      Orthros  
9:15 a.m.      Sunday Church School  
9:30 a.m.      Divine Liturgy  
Youth Sunday Brunch

**WELCOME TO OUR VISITORS**

+ **WE ARE GLAD** you came to our Church. We hope your visit was memorable and meaningful in every way. Our doors and hearts are always open to you. Please join us for fellowship following the Divine Liturgy and visit with Fr. Sotiri and with members of the Parish Council. They will answer questions and provide you with information regarding the programs and life at the Ascension.

**HOLY COMMUNION ETIQUETTE**

+ If you are either baptized and/or confirmed as an Orthodox Christian and have spiritually prepared to receive Holy Communion, please come up with reverence and humility, row by row, and depart as directed by the ushers. Please remain in your rows until an usher indicates your row should proceed forward. If you are standing in the back of the nave, please wait until an usher directs you.

+ In receiving Communion, you should place the cloth under your chin, recite your Christian name, and wipe your mouth after receiving. If you are wearing lipstick please remove it prior to receiving Communion.

+ **OUR PRAYERS THIS MORNING** are for the soul of the servant of God, Theodoros Pappas, beloved father of Mary Ann Barrow and John T. Pappas. May his memory be eternal.

**CHURCH NEWS**

+ **OUR CAPITAL CAMPAIGN "OUR FAITH...OUR CHURCH...OUR LEGACY"**: Thank you to those who attended our Informational Meeting at the Buhler's home this past Thursday. The next scheduled meeting will be held this Thursday, 2/18, at Royal Melbourne Club, 4700 Royal Melbourne Drive, Long Grove, from 7 – 9 p.m. There is still limited space available if you are interested in attending. Additional meeting dates will be announced once finalized. *Check the website for more info and to access our google sign-up option. Questions? Contact Fr. Sotiri at the Church office 847.482.1200; or Mia Connolly at 727.415.6277 / [Miaps@aol.com](mailto:Miaps@aol.com).*

+ **STEWARDSHIP 2016: Open Your Heart: Giving time, talents and treasure for the Glory of God.** Stewardship is our response to God's grace and moves us from grace to gratitude. We thank the 162 stewards who have pledged \$236,535.00 for 2016. If you have not yet filled in your pledge card for 2016, please express your love to God and your Church today. Pledge cards are available at the Pangari.

+ **OUR 5<sup>th</sup> – 8<sup>th</sup> GRADE SUNDAY CHURCH SCHOOL STUDENTS** put into action what they learned about stewardship last week when they helped the Church office by folding, labeling and preparing Ascension's current newsletter for mailing. Thank you! If you haven't seen the latest copy of *Analypsis*, call the office with your preference for receiving it in hard copy, or electronically.

+ **OUR ANNUAL GOYA YOUTH SUNDAY** will take place NEXT SUNDAY, February 21, at which time our GOYANS will serve as the Greeters, Ushers and Epistle Reader. Following the Divine Liturgy, please join them at the Youth Sunday Brunch to be held at the Royal Melbourne Club in Long Grove. We will be taking reservations today and the deadline to purchase your tickets is this Wednesday, February 17th. Please see insert for more information. GOYA thanks you for your support of this annual tradition.

+ **FAITH AND JOY** - Please join us for our Fast-Free Friday Pizza Party on February 26th from 6:30 - 8:30 p.m. at Ascension. The cost is \$7 per child. Please RSVP to [faithjoyascension@gmail.com](mailto:faithjoyascension@gmail.com).

+ **YOUTH BASKETBALL SHOOT-OUT FEBRUARY 26-28 @ ST DEMETRIOS, ELMHURST**: Another opportunity to bring fellowship to the basketball court! Do you have a 1<sup>st</sup>-6<sup>th</sup> grader who is interested in playing? Visit [www.gmmt.org](http://www.gmmt.org) and contact Dino Bolos for more information: [dinobolos@yahoo.com](mailto:dinobolos@yahoo.com)

+ **THE ANNUAL METROPOLIS OF CHICAGO FAMILY SYNAXIS MEN'S RETREAT** will be held February 26-27 at the St. Iakovos Retreat Center. This year's theme is: *Thirsting for God: Finding Peace In Spite of Anxiety, Stress and Depression*. For more information, visit [www.gocfamilysynaxis.org/mens-retreat](http://www.gocfamilysynaxis.org/mens-retreat)

+ **A VIGIL FOR ST. NICHOLAS PLANAS** will take place at Ascension on March 1<sup>st</sup>, beginning at 7 p.m. See insert for more information on this simple Saint.

+ **GREAT ESCAPE WINTER CAMP**: All 6<sup>th</sup> – 12<sup>th</sup> graders are invited to attend this Metropolis-wide retreat which will be held at the St. Iakovos Retreat Center March 11<sup>th</sup>-13<sup>th</sup>. Registrations are due by March 4<sup>th</sup>. Visit our website's youth pages for more information.

**PRAYER REQUESTS FOR HEALTH**

+ **PRAYER REQUESTS** – *Please include in your personal prayers* the servants of God: Maita, Georgia, John, Eleni, George, Nicholas, Ethel, Christine, Louise, John, Panagiota, Anastasia, Stella, Athanasia, Mitchell, Joanne, Augustine, Panagiotis, Christina, Georgiane, Helen, James, Joseph, Sophia