

Hymns and Holy Scripture Readings

Resurrectional Apolytikion in the Third Mode

Let the Heavens rejoice; let earthly things be glad; for the Lord hath wrought might with His arm, He hath trampled upon death by death. The first-born of the dead hath He become. From the belly of Hades hath He delivered us, and hath granted great mercy to the world.

Memorial Hymn

Remember, O Lord, as You are good, Your servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

Apolytikion of the Church in the Fourth Mode

Thou hast ascended in glory, O Christ our God, and gladdened Thy disciples with the promise of the Holy Spirit; and they were assured by the blessing that Thou are the Son of God and Redeemer of the world.

Ἀνελήφθῃς ἐν δόξῃ, Χριστέ ὁ Θεὸς ἡμῶν, χαροποιήσας τοὺς Μαθητάς, τῇ ἐπαγγελίᾳ τοῦ ἁγίου Πνεύματος· βεβαιωθέντων αὐτῶν διὰ τῆς εὐλογίας, ὅτι σὺ εἶ ὁ Υἱὸς τοῦ Θεοῦ, ὁ λυτρωτὴς τοῦ κόσμου.

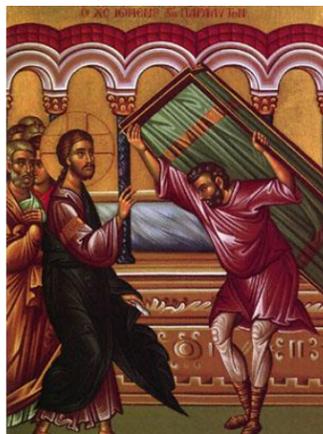
Seasonal Kontakion in the Plagal Fourth Mode

Though You went down into the tomb, You destroyed Hades' power, and You rose the victor, Christ God, saying to the myrrh-bearing women, "Hail!" and granting peace to Your disciples, You who raise up the fallen.

The reading is from Acts of the Apostles 9:32-42.

IN THOSE DAYS, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

The Gospel of John 5:1-15



At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, He said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.' "They asked him, "Who is the man who said to you, 'Take up your pallet, and walk?'" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as

there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

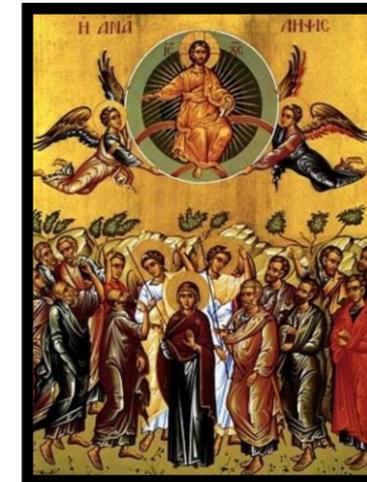
Resurrection Hymn

Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs, He has granted life.

Χριστός ανέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοὺς ἐν τοῖς μνήμασι ζωὴν χαρισάμενος.

Christos anesti eknekron, thanato thanaton patisas, ke tis en tis mnimasi, zoin charisamenos.

Ascension of Our Lord Greek Orthodox Church



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WEEKLY PARISH BULLETIN

May 22 - 29

Χριστός Ανέστη! Αληθώς Ανέστη!
Christ is Risen! Truly He is Risen!

Welcome To Our Visitors

WE ARE GLAD you came to our Church. We hope your visit was memorable and meaningful in every way. Our doors and hearts are always open to you. Please join us for fellowship following the Divine Liturgy and visit with Fr. Sotiri and with members of the Parish Council. They will answer questions and provide you with information regarding the programs and life at the Ascension.

Spiritual Reflection

"God takes us by the hand and begins to play with us, tenderly, with the greatest intimacy, as one might embrace and play with a small child. He picks you up in His love, and presses you closely to Himself. He hugs you, then He releases you, and sets you back down. That's followed by another hug, and another release, all of which contributes to making you more mature, more humble. When He sets you down, you see your own nakedness, your own poverty, and then you desire Him all the more ardently. It is then that you realize that there's nothing you want so much as to die and be with God. "

Elder Aimilianos of Simonopetra

Weekly Calendar

Sunday 8:15 a.m. 9:15 a.m. 9:30 a.m.	May 22 Orthros Sunday Church School (last class) Divine Liturgy Sunday Church School Recognition Program Coffee Fellowship the Parish Council Memorial Service for the soul of the servants of God: Trifon (10 yrs) and Florence (Panagiota) Katsulis (30 yrs) 3:30 p.m. Baptism: Katerina, daughter of Gregory & Mary Lazariotis Sponsors: Angelo & Stacy Zografos	Sunday of The Paralytic
Monday 5:45 p.m. 7:30 p.m.	May 23 JOY/Jr. GOYA - End-of Year Celebration GOYA – Senior Recognition and 8 th Grade Step-Up at Demetri's Restaurant	
Tuesday 4:45 p.m.	May 24 Greek School End-of-Year Program and Graduation	
Wednesday 8:15 a.m. 9:15 a.m.	May 25 Orthros Divine Liturgy	Mid-Pentecost
Thursday 6:15 p.m. 7:45 p.m.	May 26 Adult Beginner Greek School (Last Class) Adult Intermediate/Advanced Greek School (Last Class)	
Friday 5 p.m.	May 27 Jr. Olympics, Bowling @ Willowbrook Lanes	
Saturday 8 a.m.	May 28 Jr. Olympics Opening Ceremony @ Stagg High School	
Sunday 8:15 a.m. 9:30 a.m.	May 29 Orthros Divine Liturgy Coffee Fellowship Jr. Olympics @ SS Constantine & Helen Church, Palos Hills	Sunday of the Samaritan Woman



Our Sunday Volunteers

Prospora: Sophia Metropulos & Litsa Stamatis
FOS Ministry Greeters: Mia Connolly
Epistle Reader: James Anast
Ushers: UIC Bill Athenson, Peter Venetos, Doug Hugdahl, Bob Mantzoros, Tom Kiriakos, Steve Sintetas

Condolences

OUR PRAYERS THIS MORNING are for the soul of the servants of God, Trifon and Florence (Panagiota) Katsulis, beloved parents of Demetri (Debbie) Katsulis, Connie Kostagiannes, and Deme (Gus) Pulon. May their memory be eternal.

WE ALSO EXTEND OUR CONDOLENCES TO Fred Chapekis Sr., whose beloved brother and sister-in-law Nicholas and Marina Chapekis fell asleep in the Lord in Escanaba, Michigan this past month. May their memory be eternal.

Prayer Requests for Health

PLEASE INCLUDE IN YOUR PERSONAL PRAYERS the servants of God: Georgia, John, Eleni, George, Nicholas, Christine, Louise, Anastasia, Stella, Mitchell, Joanne, Panagiotis, Christina, Helen, James, Sophia, Connie

Vigil Lights

VIGIL LIGHTS OFFERED by the Katsulis family in memory of Trifon and Florence (Panagiota) Katsulis

Announcements

+ **CAPITAL CAMPAIGN "Our Faith...Our Church...Our Legacy"** As our Capital Campaign Committee continues to raise money for our building fund, we ask that you please submit your pledge cards to the Church office. We are hoping for 100% participation from our Parish. Please contact Fr. Sotiri with any questions at frsotirios@ascensiongoc.com, or the Church Office at 847-482-1200.

+ **COMING THIS SUMMER: NEW DIVINE LITURGY BOOKS IN OUR PEWS:** We are happy to announce that the Archdiocese is publishing a new edition of the Divine Liturgy Book this summer. We would like to purchase them and update the current ones in our pews, which have been put to good use over the years and are now unfortunately falling apart. We are seeking donations to purchase 200 books to be delivered in August. If you would like to contribute, please contact the Church office. We thank you in advance for your consideration.

+ **ON BEHALF OF THE SUNDAY CHURCH SCHOOL STAFF,** thank you to all of our students and families for another wonderful school year! We enjoyed each week with your children. Our program grew this year and we celebrated many wonderful achievements, which you will witness following the Divine Liturgy. Our youth who participated in the Oratorical Festival will also be recognized today. Look for reminders this summer regarding registration for Sunday Church School 2016-2017.

+ **PLEASE JOIN OUR GREEK SCHOOL PROGRAM THIS TUESDAY** to celebrate the End-of-Year program and Graduation. Our students will perform Greek poems, songs and dances related to the Greek Islands, followed by a brief graduation ceremony honoring this year's three graduates. We hope to see you there!

+ **JR. OLYMPICS NEXT WEEKEND!** Come support the youth of Ascension who have signed up to participate in this year's Jr. Olympics, May 27-29th. The weekend kicks off with bowling on Friday evening, May 27th, at Willowbrook Lanes, at 5 p.m. Opening ceremonies are on Saturday, May 28th, at Stagg Field (by SS Constantine and Helen Church in Palos Hills) beginning at 8 a.m. Team members should gather by 7:45A and look for the Ascension banner so that we may march into the field for the "Parade of Churches". For more information and a full schedule of events, visit the Youth Pages at www.ascensiongoc.com, or contact Esther Tegel at etegel2@gmail.com.

+ **TRISAGION SERVICES ON MONDAY, MAY 30TH (MEMORIAL DAY)** – Please note that Fr. Sotiri will conduct a Trisagion Service again this year at two local cemeteries: Ridgewood cemetery (Des Plaines) at 9:00 a.m.; and, Memorial Park (Skokie) at 10:30 a.m. Please meet Father at the entrance gate of each cemetery.

+ **OUR FEASTDAY:** Please do not forget our beloved Ascension's Great Vespers which will take place on Wednesday, June 8th at 7 p.m. A reception will follow the Service hosted by our Philoptochos. Please make every effort to attend. On Thursday, June 9th, the day of our Feastday, Orthros will be at 8:15 a.m. followed by the Divine Liturgy at 9:30 a.m. Fellowship, hosted by our Senior Synaxis, will follow. We look forward to gathering as a Parish Family.

+ **DONATIONS FOR OUR FEASTDAY** – If anyone wishes to donate the flowers that will decorate the Icon of the Ascension, or the loaves for the Artoclasia, please contact the Church office at 847.482.1200. The cost of the flowers for the two Ascension Icons is \$150.00 and the bread for the Artoclasia for our Great Vespers amounts to \$190.00, and for our actual Feastday \$95.00. Your generosity is always appreciated.

+ **GRADUATE SUNDAY WILL BE JUNE 12th, SAVE THE DATE!** Is someone in your house reaching a graduation milestone this year? Ascension's annual graduate tribute will take place on Sunday, June 12th, following the Divine Liturgy. Please call the church office no later than Wednesday, June 8th to submit the name(s) of your graduate(s) from Elementary School, High School, College, Graduate or Post-Graduate programs so they may be recognized on that day. Thank you.

+ **THE PANHELLENIC SCHOLARSHIP FOUNDATION** will host its annual gala on Saturday, June 18th at the Ritz Carlton, Chicago. For more information, or to purchase your tickets online, visit www.panhellenicsf.org, or call 312.357.6432. In addition to presenting \$250,000 in scholarships, the Foundation will be recognizing its Paradigm Award recipient.

+ **DON'T MISS THE 2016 ASCENSION GOLF OUTING:** The Koinonia Men's Ministry will be hosting the annual Ascension Golf Outing and Family Dinner on Friday, June 24th, at the Deerfield Golf Course. Please stop by the registration table during coffee hour or go to the Men's Ministry webpage @ www.ascensiongoc.com to register.