

Resurrectional Apolytikion in the Plagal Second Mode

Angelic powers were above Thy tomb, and they that guarded Thee became as dead. And Mary stood by the grave seeking Thine immaculate Body. Thou hast despoiled Hades and wast not tried thereby. Thou didst meet the Virgin and didst grant us life. O Thou Who didst arise from the dead, Lord, glory be to Thee.

Apolytikion for Martyrs Cyprian and Justina in the Fourth Mode

As a sharer of the ways and a successor to the throne of the Apostles, O inspired of God, thou foundest discipline to be a means of ascent to divine vision. Wherefore, having rightly divided the word of truth, thou didst also contest for the Faith even unto blood, O Hieromartyr Cyprian. Intercede with Christ our God that our souls be saved.

Apolytikion of the Church in the Fourth Mode

Thou hast ascended in glory, O Christ our God, and gladdened Thy disciples with the promise of the Holy Spirit; and they were assured by the blessing that Thou are the Son of God and Redeemer of the world.

Ἀνελήφθης ἐν δόξῃ, Χριστέ ὁ Θεὸς ἡμῶν, χαροποιήσας τοὺς Μαθητάς, τῇ ἐπαγγελίᾳ τοῦ ἁγίου Πνεύματος· βεβαιωθέντων αὐτῶν διὰ τῆς εὐλογίας, ὅτι σὺ εἶ ὁ Υἱὸς τοῦ Θεοῦ, ὁ λυτρωτὴς τοῦ κόσμου.

Seasonal Kontakion in the Second Mode

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

The reading is from St. Paul's Second Letter to the Corinthians 4:6-15.

Brethren, it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Christ. But we have this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. For while we live we are always being given up to death for Jesus' sake, so that the life of Jesus may be manifested in our mortal flesh. So death is at work in us, but life in you. Since we have the same spirit of faith as he had who wrote, "I believed, and so I spoke," we too believed, and so we speak, knowing that He who raised the Lord Jesus will raise us also with Jesus and bring us with you into His presence. For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God.

The Gospel of Luke 6:31-36



The Lord said, "And as you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for he is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."

Ascension of Our Lord Greek Orthodox Church



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WEEKLY PARISH BULLETIN October 2 - 9

Welcome to Our Visitors

WE ARE GLAD *you came to our Church.* We hope your visit was memorable and meaningful in every way. Our doors and hearts are always open to you. Please join us for fellowship following the Divine Liturgy and visit with Fr. Sotiri and with members of the Parish Council. They will answer questions and provide you with information regarding the programs and life at the Ascension.

Spiritual Reflection

"Let everything take second place to our care of our children, our bringing them up to the discipline and instruction of the Lord. If from the beginning we teach them to love true wisdom, they will have great wealth and glory than riches can provide."

+ St. John Chrysostom

Announcements

Weekly Calendar

Sunday	October 2	2nd Sunday of Luke
8:15 a.m.	Orthros	
9:15 a.m.	Sunday Church School (Open house K, 1 st , 2 nd , 3 rd , 5 th -8th)	
9:30 a.m.	Divine Liturgy Coffee Fellowship hosted by The Ladies of Senior Synaxis Philoptochos POP Breast Cancer Walk 40-Day Blessing, son of Tom & Marcia Bebis	
Monday	October 3	
5:45 p.m.	JOY/Jr. GOYA	
7:30 p.m.	GOYA	
Tuesday	October 4	
4:45 p.m.	Greek School	
7 p.m.	Construction Committee	
Wednesday	October 5	
10 a.m.	HOPE Ministry	
6:30 p.m.	Paraklesis & LOGOS	
Thursday	October 6	
6:15 p.m.	Adult Beginner Greek School	
7:45 p.m.	Adult Intermediate/Advanced Greek School	
Sunday	October 9	3rd Sunday of Luke
8:15 a.m.	Orthros	
9:15 a.m.	Sunday Church School	
9:30 a.m.	Divine Liturgy	

Our Sunday Volunteers

Prosphora: Elaine Metropoulos & Sophia Metropulos
Epistle Reader: David Rutkowski
Ministry Greeters: The Saric Family
Ushers: **UIC Tom Kiriakos**, Bob Mantzoros, Mia Connolly, Harold Anagnos, Tom Papastefan, John Thomas, Steve Demet

Prayer Requests for Health

PLEASE INCLUDE IN YOUR PERSONAL PRAYERS the servants of God: Georgia, John, Eleni, George, Nicholas, Christine, Christy, Louise, Anastasia, Stella, Mitchell, Joanne, Panagiotis, Christina, Helen, James, Sophia, Connie

Vigil Lights

VIGIL LIGHTS OFFERED by George and Maita Houpis in memory of Lew Dumas

Holy Communion Etiquette

- + If you are either baptized and/or confirmed as an Orthodox Christian and have spiritually prepared to receive Holy Communion, please come up with reverence and humility, row by row, and depart as directed by the ushers. Please remain in your rows until an usher indicates your row should move forward. If you are standing in the back of the nave, please wait until an usher directs you.
- + Prior to receiving Holy Communion, we will recite together the *Prayers Before Receiving Holy Communion* on page 61 in the Divine Liturgy book found in the pew. Following Holy Communion, it is customary for the faithful to silently recite the *Prayers of Thanksgiving*, on page 73.
- + In receiving Communion, you should place the cloth under your chin, recite your CHRISTIAN NAME, and wipe your mouth after receiving. If you are wearing lipstick please remove it prior to receiving Communion.
- + Whether you are an Orthodox Christian or not, please come forward at the dismissal to receive the blessed bread which is offered to everyone who worships with us. May the blessings of Christ be with you.

- + **STEWARDSHIP IS OUR RESPONSE TO GOD'S GRACE** and moves us from grace to gratitude. We thank the 289 stewards who have pledged \$330,000 for 2016. To date, \$253,000 has been collected. If you have not pledged or fulfilled your pledge for 2016, please express your love to God and to the growth of our Parish Ministries today.
- + **SENIOR SYNAXIS IS SELLING THEIR POPULAR COOKBOOK AGAIN!** Copies of "Taste & See" a collection of wonderful recipes by our very own Senior Synaxis members will be on sale at our bookstore for \$10 after Liturgy. Kali Oresi!
- + **THE ASCENSION BOOKSTORE NEEDS YOUR HELP** If you are interested in helping staff the bookstore after Liturgy on Sundays, please contact Caity Anast at anast1028@gmail.com.
- + **LAKE COUNTY RIGHT TO LIFE** presents a free educational seminar this Tuesday, October 4th from 9:30 a.m. – noon entitled, "What You Need to Know About the Right to Die." The featured speaker will be Nancy Valko, RN and spokesperson for the National Association of Pro-Life Nurses. The presentation will take place at Santa Maria del Popolo Parish Ctr., 151 Lincoln Ave., Mundelein, IL. Lunch is included. Registration required: 847.223.7022, lakectyrtl@sbcglobal.net
- + **JOIN SENIOR SYNAXIS AND CELEBRATE "YESTERDAY ONCE MORE"!** On October 21st, members of the Senior Synaxis Ministry will meet at Chandler's Restaurant in Schaumburg to enjoy an upbeat tribute to the music of the Carpenters. Tickets cost \$40 and include lunch and entertainment. RSVP with payment must be made by this Wednesday, October 5th. Please contact Elaine Beck for more information at 847.367.5227. Friends and family always welcomed!
- + **METROPOLITAN IAKOVOS FEAST DAY DINNER** - The Annual Feast Day Dinner to honor our Spiritual Father, His Eminence, Metropolitan Iakovos of Chicago, will take place on Thursday, October 27th at Georgio's Banquets in Orland Park, Illinois, and is hosted by The Metropolis of Chicago Clergy Syndesmos. The evening begins at 6 p.m. with a fellowship hour followed by dinner at 7 p.m. Cost per person is \$100 and reservations may be made with Renee in the Church Office. If you unable to attend but would like to make a donation you may also do so through the church office. Proceeds raised will benefit the ministries of the Clergy Syndesmos, as well as the St. Iakovos Retreat Center.
- + **MARK YOUR CALENDAR THE ASCENSION LEGACY GALA**, a groundbreaking celebration and momentous event in the life of our church, will be held Saturday, February 4, 2017 at the Lincolnshire Marriott Resort. The exciting details will be revealed in coming weeks at www.ascensiongoc.com/gala. Want to get involved? Your help is appreciated. Contact co-chairs Marcia Moore (Marcia.moore1780@gmail.com) or Amy Tsarwhas (tsarwhas@sbcglobal.net).
- + **ORTHODOX CHRISTIAN COALITION FOR HEALTHY YOUTH (OCCHY)** – October is National Substance Abuse Prevention Month. Parents, youth, schools and community leaders across the country join this month-long observance of the role that substance abuse prevention plays in promoting safe and healthy communities. Join the Orthodox Christian Coalition for Healthy Youth and let's work together to keep our kids healthy and drug free! Visit www.healthyyouth.com for more information.
- + **KEEP AN EYE ON OUR WEBSITE, FACEBOOK/TWITTER PAGES AND BULLETIN BOARD** to learn about upcoming events across the Metropolis. Information on the October 1 *Walk the Walk for IOCC*; October 7 *Midwest Hellenic Dance Fest*; October 15 Chicago Synergy Symposium *Holiness in Contemporary Culture*; and, October 22 presentation, *Uncompromising Faith in Compromising Times* is currently posted in Fellowship Hall; under the News tab of our website; and, on our Facebook (www.facebook.com/AscensionGOC) and Twitter pages (@Ascension_GOC). If you know of other events to share, please contact the office.
- + **THE GREEK ORTHODOX PHILOPTOCHOS SOCIETY**, the philanthropic arm of the Greek Orthodox Archdiocese of America celebrates 85 years of Philanthropy and Agape this year. Together with 400 active chapters and more than 26,000 members nationwide, Philoptochos is proud to have donated more than 17 million dollars over the last ten years to fulfill its ongoing mission to "help the poor, the destitute, the hungry, the aged, the sick, the unemployed, the orphaned, the imprisoned, the widowed, those with disabilities and the victims of disasters". Thanks to many of you, last year the *Ascension Philoptochos* was able to donate more than \$31,000 to help those in need locally, nationally and internationally as well as provide significant non-monetary contributions of food, clothing, toiletries and other necessities. Throughout the year, Ascension Philoptochos supports a multitude of charitable programs, several of which are managed by the Philoptochos National office in New York. Some of you may be interested in the kinds of programs the *Ascension Philoptochos* supports -- so, at the suggestion of one of our members, we will begin including this information in the bulletin monthly. During September 2016, the first month of the year, the Ascension Philoptochos donated to the following programs:
 - Hellenic College Holy Cross Scholarship Fund: Hellenic College Holy Cross is the center for education in the Greek Orthodox Church of America.
 - Retired Clergy/Widowed Presvyteres Benevolent Fund: The Retired Clergy Association (RCA) of the Greek Orthodox Archdiocese of America was established in 1988 to provide support for retired clergy who face financial challenges.