

Hymns and Holy Scripture Readings

Resurrectional Apolytikion in the Plagal First Mode

Let us worship the Word, O ye faithful, praising Him that with the Father and the Spirit is co-beginningless God, Who was born of a pure Virgin that we all be saved; for He was pleased to mount the Cross in the flesh that He assumed, accepting thus to endure death. And by His glorious rising, He also willed to resurrect the dead.

Apolytikion for Euphrosyne of Alexandria in the Plagal Fourth Mode

In thee the image was preserved with exactness, O Mother; for taking up thy cross, thou didst follow Christ, and by thy deeds thou didst teach us to overlook the flesh, for it passeth away, but to attend to the soul since it is immortal. Wherefore, O righteous Euphrosyne, thy spirit rejoiceth with the Angels.

Memorial Hymn

Remember, O Lord, as You are good, Your servant, and forgive every sin he has committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

Apolytikion of the Church in the Fourth Mode

Thou hast ascended in glory, O Christ our God, and gladdened Thy disciples with the promise of the Holy Spirit; and they were assured by the blessing that Thou are the Son of God and Redeemer of the world.

Ἀνελήφθης ἐν δόξῃ, Χριστέ ὁ Θεὸς ἡμῶν, χαροποιήσας τοὺς Μαθητάς, τῇ ἐπαγγελίᾳ τοῦ ἁγίου Πνεύματος· βεβαιωθέντων αὐτῶν διὰ τῆς εὐλογίας, ὅτι σὺ εἶ ὁ Υἱὸς τοῦ Θεοῦ, ὁ λυτρωτὴς τοῦ κόσμου.

Seasonal Kontakion in the Second Mode

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

The reading is from St. Paul's Second Letter to the Corinthians 1:21-24; 2:1-4.

BRETHREN, it is God who establishes us with you in Christ, and has commissioned us; He has put his seal upon us and given us His Spirit in our hearts as a guarantee. But I call God to witness against me - it was to spare you that I refrained from coming to Corinth. Not that we lord it over your faith; we work with you for your joy, for you stand firm in your faith. For I made up my mind not to make you another painful visit. For if I cause you pain, who is there to make me glad but the one whom I have pained? And I wrote as I did, so that when I came I might not suffer pain from those who should have made me rejoice, for I felt sure of all of you, that my joy would be the joy of you all. For I wrote you out of much affliction and anguish of heart and with many tears, not to cause you pain but to let you know the abundant love that I have for you.

The Gospel of Luke 5:1-11



At that time, Jesus was standing by the lake of Gennesaret. And He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, He asked him to put out a little from the land. And He sat down and taught the people from the boat. And when He had ceased speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at your word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all who were with him, at the catch of fish which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed him.

Ascension of Our Lord Greek Orthodox Church



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WEEKLY PARISH BULLETIN September 25 – October 2

Welcome to Our Visitors

WE ARE GLAD *you came to our Church.* We hope your visit was memorable and meaningful in every way. Our doors and hearts are always open to you. Please join us for fellowship following the Divine Liturgy and visit with Fr. Sotiri and with members of the Parish Council. They will answer questions and provide you with information regarding the programs and life at the Ascension.

Spiritual Reflection

"Interior crosses can be found at all times, and more easily than exterior ones. You have only to direct your attention to yourself and examine yourself with a sense of repentance, and a thousand interior crosses will at once present themselves to you. Interior crosses are sometimes so burdensome that the sufferer can find no consolation whatever in anything. All this can happen to you too! But in whatever position you may be, and whatever sufferings of the soul you may feel, do not despair and do not think that the Lord has abandoned you. NO! God will always be with you and will invisibly strengthen you even when it seems to you that you are on the very brink of perdition."

+ St. Innocent of Alaska

Weekly Calendar

Sunday	September 25	1st Sunday of Luke
8:15 a.m.	Orthros	
9:15 a.m.	Sunday Church School (Open House, Pre-K, 4 th Grade)	
9:30 a.m.	Divine Liturgy Memorial for the Soul of the Servant of God, Nicholas Tsimouris (40 days) Coffee Fellowship hosted by Philoptochos	
Monday	September 26	Falling Asleep of St. John the Theologian
8:15 a.m.	Orthros	
9:15 a.m.	Divine Liturgy	
5:45 p.m.	JOY/Jr. GOYA	
7:30 p.m.	GOYA	
Tuesday	September 27	
4:45 p.m.	Greek School – Parent Curriculum Night begins at 6:30	
Wednesday	September 28	
10 a.m.	HOPE Ministry	
6:30 p.m.	Paraklesis	
Thursday	September 29	
6:15 p.m.	Adult Beginner Greek School	
7:45 p.m.	Adult Intermediate/Advanced Greek School	
Saturday	October 1	
2 p.m.	Wedding: Nicole Manolas and Thomas Malia Sponsor: Kasia Manolas	
5 p.m.	Vespers	
Sunday	October 2	2nd Sunday of Luke
8:15 a.m.	Orthros	
9:15 a.m.	Sunday Church School (K, 1 st , 2 nd , 3 rd , 5 th -8 th)	
9:30 a.m.	Divine Liturgy Philoptochos POP Breast Cancer Walk	

Our Sunday Volunteers

Prospora: Mary Kakavas & Mary Karahalios

Epistle Reader: Mark Rader

Ministry Greeters: Marcia & Eric Moore

Ushers: **UIC Carol Stamas**, Georgia Tapas, George Tapas, John Thomas Jeannie Thomas, Peter Venetos

Prayer Requests for Health

PLEASE INCLUDE IN YOUR PERSONAL PRAYERS the servants of God: Georgia, John, Eleni, George, Nicholas, Christine, Christy, Louise, Anastasia, Stella, Mitchell, Joanne, Panagiotis, Christina, Helen, James, Sophia, Connie

Vigil Lights

VIGIL LIGHTS OFFERED by George and Maita Houpis in memory of Stavroula Gekas.

Holy Communion Etiquette

+ If you are either baptized and/or confirmed as an Orthodox Christian and have spiritually prepared to receive Holy Communion, please come up with reverence and humility, row by row, and depart as directed by the ushers. Please remain in your rows until an usher indicates your row should move forward. If you are standing in the back of the nave, please wait until an usher directs you.

+ Prior to receiving Holy Communion, we will recite together the *Prayers Before Receiving Holy Communion* on page 61 in the Divine Liturgy book found in the pew. Following Holy Communion, it is customary for the faithful to silently recite the *Prayers of Thanksgiving*, on page 73.

+ In receiving Communion, you should place the cloth under your chin, recite your CHRISTIAN NAME, and wipe your mouth after receiving. If you are wearing lipstick please remove it prior to receiving Communion.

+ Whether you are an Orthodox Christian or not, please come forward at the dismissal to receive the blessed bread which is offered to everyone who worships with us. May the blessings of Christ be with you.

Announcements

+ **OUR DEEPEST SYMPATHIES** to Connie Dumas whose brother, Lew Dumas, fell asleep in the Lord this past week. The funeral was held at Ascension this past Friday. We pray that God grant Lew eternal rest in the Kingdom of Heaven.

+ **STEWARDSHIP IS OUR RESPONSE TO GOD'S GRACE** and moves us from grace to gratitude. We thank the 289 stewards who have pledged \$330,000 for 2016. To date, \$250,000 has been collected. If you have not pledged or fulfilled your pledge for 2016, please express your love to God and to the growth of our Parish Ministries today.

+ **THERE'S STILL TIME TO REGISTER FOR SUNDAY CHURCH SCHOOL:** If you haven't registered your child(ren) yet, please do so as soon as possible on the website. The SCS calendar is available on-line.. Preschool and 4th Grade are holding their Open House meetings today from 9:15 – 9:45 a.m.; Open House for Grades Kindergarten, 1st, 2nd, 3rd, 5th-8th is scheduled for next Sunday, Oct. 2nd, following Holy Communion.

+ **RECRUITING PARTICIPANTS FOR THE 5th ANNUAL POWER OF PHILOPTOCHOS ("POP") EVENT!** Next Sunday, October 2nd, Philoptochos will participate in the American Cancer Society's "Making Strides Against Breast Cancer" walk, which commences in Northbrook at 9 a.m. This event is part of our chapter's nationally recognized annual "POP initiative" in which we participate collaboratively with the Philoptochos chapters at St. John and SS Peter and Paul to raise money for breast cancer. Everyone is welcome to join us! For more information and to sign up, please see Marcia Moore and Vicki Douvli after Liturgy.

+ **MARK YOUR CALENDAR THE ASCENSION LEGACY GALA**, a groundbreaking celebration and momentous event in the life of our church, will be held Saturday, February 4, 2017 at the Lincolnshire Marriott Resort. The exciting details will be revealed in coming weeks at www.ascensiongoc.com/gala. Want to get involved? Your help is appreciated. Contact co-chairs Marcia Moore (Marcia.moore1780@gmail.com) or Amy Tsarwhas (tsarwhas@sbcglobal.net).

+ **LOGOS WILL BEGIN** this Wednesday, October 5th with Paraklesis at 6:30p.m.– We will explore the topic, "Passions and Virtues" and reference St. Paisios' writings throughout our discussions. Please join us for these spiritual and enriching evenings. See insert for more information.

+ **METROPOLITAN IAKOVOS FEAST DAY DINNER** - The Annual Feast Day Dinner to honor our Spiritual Father, His Eminence, Metropolitan Iakovos of Chicago, will take place on Thursday, October 27th at Georgio's Banquets in Orland Park, Illinois, and is hosted by The Metropolis of Chicago Clergy Syndesmos. The evening begins at 6 p.m. with a fellowship hour followed by dinner at 7 p.m. Cost per person is \$100 and reservations may be made with Renee in the Church Office. If you unable to attend but would like to make a donation you may also do so through the church office. Proceeds raised will benefit the ministries of the Clergy Syndesmos, as well as the St. Iakovos Retreat Center.

+ **ORTHODOX CHRISTIAN COALITION FOR HEALTHY YOUTH (OCCHY)** – October is National Substance Abuse Prevention Month. Parents, youth, schools and community leaders across the country join this month-long observance of the role that substance abuse prevention plays in promoting safe and healthy communities. Join the Orthodox Christian Coalition for Healthy Youth and let's work together to keep our kids healthy and drug free! Visit www.healthyyouth.com for more information.

+ **KEEP AN EYE ON OUR WEBSITE, FACEBOOK/TWITTER PAGES AND BULLETIN BOARD** to learn about upcoming events across the Metropolis. Information on the October 1 *Walk the Walk for IOCC*; October 7 *Midwest Hellenic Dance Fest*; October 15 Chicago Synergy Symposium *Holiness in Contemporary Culture*; and, October 22 presentation, *Uncompromising Faith in Compromising Times* is currently posted in Fellowship Hall; under the News tab of our website; and, on our Facebook (www.facebook.com/AscensionGOC) and Twitter pages (@Ascension_GOC). If you know of other events to share, please contact the office.