

## Hymns and Holy Scripture Readings

### **Apolytikion of Great and Holy Pascha in the Plagal First Mode**

Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs He has granted life.

### **Resurrectional Apolytikion in the Third Mode**

Let the Heavens rejoice; let earthly things be glad; for the Lord hath wrought might with His arm, He hath trampled upon death by death. The first-born of the dead hath He become. From the belly of Hades hath He delivered us, and hath granted great mercy to the world.

### **Memorial Hymn**

Remember, O Lord, as You are good, Your servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

### **Apolytikion of the Church in the Fourth Mode**

Thou hast ascended in glory, O Christ our God, and gladdened Thy disciples with the promise of the Holy Spirit; and they were assured by the blessing that Thou are the Son of God and Redeemer of the world.

Ἀνελήφθῃς ἐν δόξῃ, Χριστέ ὁ Θεὸς ἡμῶν, χαροποιήσας τοὺς Μαθητάς, τῇ ἐπαγγελίᾳ τοῦ ἁγίου Πνεύματος· βεβαιωθέντων αὐτῶν διὰ τῆς εὐλογίας, ὅτι σὺ εἶ ὁ Υἱὸς τοῦ Θεοῦ, ὁ λυτρωτὴς τοῦ κόσμου.

### **Seasonal Kontakion in the Plagal Fourth Mode**

Though You went down into the tomb, You destroyed Hades' power, and You rose the victor, Christ God, saying to the myrrh-bearing women, "Hail!" and granting peace to Your disciples, You who raise up the fallen.

### **The reading is from Acts of the Apostles 9:32-42.**

IN THOSE DAYS, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

### **The Gospel of John 5:1-15**

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, He said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.' "They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

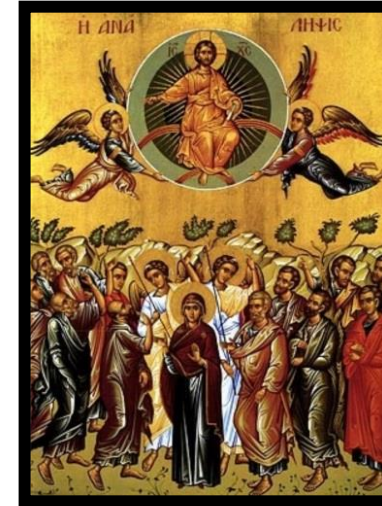
## Resurrection Hymn

Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs, He has granted life.

Χριστός ανέστη εκ νεκρών, θανάτω θάνατον πατήσας, και τοις εν τοις μνήμασι ζώην χαρισάμενος.

Christos anesti eknekron, thanato thanaton patisas, ke tis en tis mnimasi, zoin charisamenos.

## Ascension of Our Lord Greek Orthodox Church



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## WEEKLY PARISH BULLETIN

May 7 - 14, 2017

Χριστός Ανέστη! Αληθώς Ανέστη!  
Christ is Risen! Truly He is Risen!

## Welcome To Our Visitors

**WE ARE GLAD you joined us in worship today.** We hope your visit to Ascension was memorable and meaningful in every way. Our doors and hearts are always open to you. Please join us for fellowship following the Divine Liturgy and visit with Fr. Sotiri and with members of the Parish Council. They will answer questions and provide you with information regarding the programs and life at the Ascension.

## Spiritual Reflection

*If you want to teach the love of God, don't use speech. Try to be polite, always, and to be loveable yourself.*

Saint Nikolaos Kavalas

## Weekly Calendar

<b>Sunday</b> 8:15 a.m. 9:15 a.m. 9:30 a.m.	<b>May 7</b> Orthros Sunday Church School Divine Liturgy Memorial for the Souls of the Servants of God, Ioannis Nikellys (40 days); and, Apostolos (Paul) Vabakos (1 year) Coffee Fellowship hosted by Tom Vabakos General Assembly immediately following Liturgy	<b>Sunday of The Paralytic</b>
3 p.m.	Wedding: Stephanie Hall and Chris Karahalios Sponsors: Mr. & Mrs. Sasha Zeceovich	
<b>Monday</b> 5:45 p.m. 7:30 p.m.	<b>May 8</b> JOY/Jr. GOYA GOYA	
<b>Tuesday</b> 4:45 p.m.	<b>May 9</b> Greek School	
<b>Wednesday</b> 8:15 a.m. 9:15 a.m. 10:30 a.m. 6:30 p.m.	<b>May 10</b> Orthros Divine Liturgy HOPE Paraklesis	<b>Mid-Pentecost</b>
<b>Thursday</b> 6 p.m. 6:15 p.m. 7:45 p.m.	<b>May 11</b> IOCC Banquet, Café la Cave Adult Intermediate/Advanced Greek School Adult Beginner Greek School	
<b>Friday</b> 7 p.m.	<b>May 12</b> Marriage Ministry	
<b>Saturday</b> 5 p.m.	<b>May 13</b> Vespers	
<b>Sunday</b> 8:15 a.m. 9:15 a.m. 9:30 a.m.	<b>May 14</b> Orthros Sunday Church School Divine Liturgy Coffee Fellowship	<b>Sunday of The Samaritan Woman</b> <b>Mother's Day</b>

## Holy Communion Etiquette

+ If you are either baptized and/or confirmed as an Orthodox Christian and have spiritually prepared to receive Holy Communion, please come up with reverence and humility, row by row, and depart as directed by the ushers. Please remain in your rows until an usher indicates your row should move forward. If you are standing in the back of the nave, please wait until an usher directs you.

+ Prior to receiving Holy Communion, we will recite together the *Prayers Before Receiving Holy Communion* on page 61 in the Divine Liturgy book found in the pew. Following Holy Communion, it is customary for the faithful to silently recite the *Prayers of Thanksgiving*, on page 73.

+ In receiving Communion, you should place the cloth under your chin, recite your CHRISTIAN NAME, and wipe your mouth after receiving. If you are wearing lipstick please remove it prior to receiving Communion.

+ Whether you are an Orthodox Christian or not, please come forward at the dismissal to receive the blessed bread which is offered to everyone who worships with us. May the blessings of Christ be with you.

## Our Sunday Volunteers

**Prospora:** Patricia Filley and Lela Gramatis

**Epistle Reader:** Katherine Schreiber

**Ministry Greeter:** Harold Anagnos

**Ushers:** UIC Bill Athenson, Peter Venetos, Bob Mantzoros, Alex Marx, Mia Connolly, Chris Chatzidakis, Doug Hugdahl, Tom Papastefan

## Prayer Requests for Health

**PLEASE INCLUDE IN YOUR PERSONAL PRAYERS** the servants of God: Georgia, John, Eleni, George, Christine, Christy, Louise, Anastasia, Stella, Mitchell, Joanne, Panagiotis, Christina, Helen, James, Sophia, Connie, Janet, Anthony, Fred

## Announcements

+ **PARISH GENERAL ASSEMBLY MEETING TODAY!** Please attend this important meeting, which will begin immediately following the Divine Liturgy. If you haven't signed in as a steward to participate, please do so at the table in fellowship hall. Should the table no longer be in place after Liturgy, please seek out Tom Kiriakos or one of the other Parish Council members to be signed in.

+ **THE CAPITAL CAMPAIGN COMMITTEE** has identified additional major donor naming opportunities and has re-worked others: the foyer (\$150,000), the gallery (\$150,000), the Adult Baptismal Font (\$100,000), and the community center stage (\$50,000). These, together with our remaining major donor naming opportunities, which include the Nave (\$500,000), the kitchen (\$250,000), landscaping (\$150,000), and a classroom (\$75,000), are now shown on an updated board located in the Narthex. Also, our other remaining donation opportunities are Pews (\$10,000), but there are only five Pews yet to be donated, and Personalized Brick Pavers (\$1,000). Please act fast as we are now approximately 85% of the way to our goal of remaining debt-free and building without any borrowing. If you would like to avail yourself of one of the remaining major donor naming opportunities or to donate towards any of these other remaining Donation Opportunities, please contact Fr. Sotirios in the church office at 847-482-1200 or email him at [frsotirios@ascensiongoc.com](mailto:frsotirios@ascensiongoc.com).

+ **STEWARDSHIP** Stewardship is recognizing the amazing wonder and power of grace that we did not deserve. It is the attitude of gratitude, of being thankful in all things, even when we do not feel the gratitude or see it. To date, the total pledged for Ascension in 2017 is \$273,824 by 227 families. If you have not submitted your 2017 pledge, please do so today!

+ **JR. OLYMPICS REGISTRATION FORMS NEEDED ASAP to meet the Diocese deadline.** Jr. Olympics takes place this Memorial Day weekend and registration forms, signed by parents and participants (both sides), are needed in order to meet the Diocese deadline. You can scan and email signed forms to Esther Tegel ([etegel2@gmail.com](mailto:etegel2@gmail.com)); or drop them off in the Youth Mailbox in the office. The Jr. Olympics table will also be set up after Liturgy to answer questions. The same neon yellow shirts will be worn this year. If you or your child needs to order a shirt, please email or speak to Esther Tegel as soon as possible. More information on Jr. Olympics is available on the youth pages of our website.

+ **PHILOPTOCHOS MEETING AND ELECTIONS:** Philoptochos will have a General Meeting and hold Elections on Thursday, May 18th at church at 7pm. Please join us for old-fashioned Chicago-style food, fun and voting! Please contact Anna Duros with any questions at 847-370-2662.

+ **THE NEXT MARRIAGE MINISTRY MEETING** will be this Friday, May 12th at 7 p.m., where we will use the lecture given by Dr. Ary Christofidis during the Lenten Lecture series titled, "Holy Marriage and Parenthood: Responsibilities and Distractions Along the Way" as a starting point for further discussion. Please join us as we continue to grow our ministry! For more information, contact Frank Kazas at [fgkazas@gmail.com](mailto:fgkazas@gmail.com).

+ **IS SOMEONE IN YOUR HOUSE REACHING A GRADUATION MILESTONE THIS YEAR?** Ascension's annual graduate tribute will take place on Sunday, June 4th, following the Divine Liturgy. Please call the church office no later than Monday, May 29th to submit the name(s) of your graduate(s) from Elementary School, High School, College, Graduate or Post-Graduate programs so they may be recognized on that day. Thank you.

+ **JOIN US FOR THE 2017 ASCENSION GOLF OUTING!** The Koinonia Men's Ministry will be hosting the annual Ascension Golf Outing and Family Dinner on Friday, June 9th at the Deerfield Golf Course. Register now on the Koinonia Men's Ministry webpage on the Ascension website (hard copies of the registration form can also be downloaded from the webpage, printed and turned into the office). Please visit our website for more information and plan to join us!

+ **HOSPITAL CALLS, NURSING HOME & HOME-BOUND PARISHIONER VISITS.** If you know someone who is hospitalized, in a nursing home or is home-bound, and they would like Fr. Sotiri to visit them, please contact our office.

+ **WEEKLY "SANCTUARY VIGIL LIGHT" DONATIONS** may be offered for the health of individuals, family members or in memory of departed loved ones. A \$75.00 donation for each week's vigil lights is requested. Names will be acknowledged in the Sunday Bulletin. Call the Church Office to reserve your week.